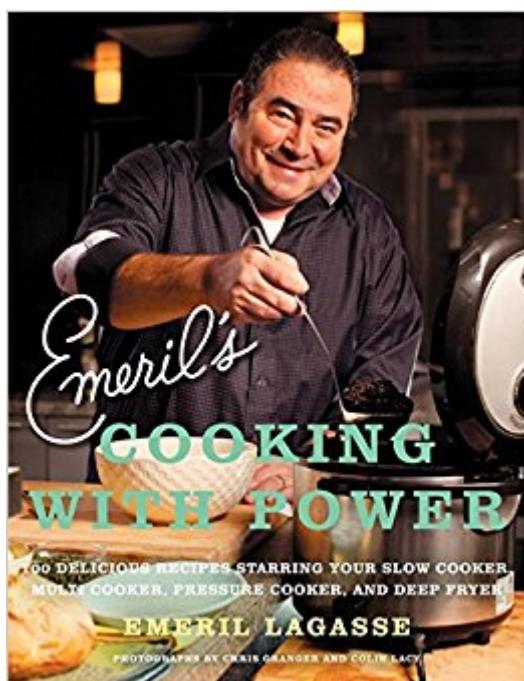


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Emeril's Cooking With Power: 100 Delicious Recipes Starring Your Slow Cooker, Multi Cooker, Pressure Cooker, And Deep Fryer



Synopsis

Emeril's Cooking with Power includes more than 100 easy-to-follow recipes, illustrated with dozens of color photos, specially created for home cooks' favorite kitchen appliances: the pressure cooker, fryer, multi-cooker, and slow cooker. Whether you're whipping up a weekday supper or putting together a weekend bash; hungry for soup, pasta, stew, or an irresistible dessert; Emeril Lagasse has it covered with mouthwatering crowd-pleasers such as Seafood and Smoked Sausage Gumbo and Slow Cooked Lasagna (slow cooker); Barley Risotto with Spring Vegetables and Dulce De Leche Rice Pudding (multi-cooker); Curried Pumpkin Soup and Emeril's Fastest Bar-B-Q Brisket (pressure cooker); and Fried Fish Tacos with Corn and Tomato Salsa and Apple Fritters (fryer). Emeril's Cooking with Power will help you save time, save money, and make great food with minimum stress and maximum flavor.

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Customer Reviews

Make life deliciously easy with your slow cooker, multi cooker, pressure cooker, and fryer! Juggling work, home, and kids leaves home cooks with a limited amount of time to get hearty and delicious meals on the table for their families. Thankfully, appliances like slow cookers and fryers have made preparing great food easier, but cooks still have to figure out what to make. In Emeril's Cooking with Power, the beloved chef showcases more than 100 recipes for the top four countertop appliances—slow cooker, multi cooker, pressure cooker, and fryer. Whether you're

hungry for soup, pasta, stew, or an irresistible dessert, Emeril has it covered with mouthwatering crowd-pleasers, including:Slow Cooker Fire Roasted Green Chili Cheese Grits Seafood and Smoked Sausage Gumbo Slow-Cooked LasagnaMulti Cooker Goat Cheese and Orzo-Stuffed Tomatoes Turkey Meatballs Dulce de Leche Rice PuddingPressure Cooker Curried Pumpkin Soup Root Vegetables with Horseradish-Tarragon Vinaigrette Emeril's Fastest Bar-B-Q BrisketFryer Fried Kicked-Up Jalapeno Poppers Fried Fish Tacos with Corn and Tomato Salsa Smokin'; Chipotle Chicken WingsIllustrated with dozens of color photos throughout, Emeril's Cooking with Power will help you save time and money and make great food with minimum stress and maximum flavor.

Emeril Lagasse is a chef, restaurateur, and the author of eighteen bestselling cookbooks, including the recent Emeril's Kicked-Up Sandwiches and Sizzling Skillets and Other One Pot Wonders. He is the proprietor of thirteen award-winning restaurants across the country and is the host of The Originals with Emeril and Emeril's Florida, both airing on the Cooking Channel. He has been the food correspondent for ABC's Good Morning America for fourteen years. In 2002, Emeril established the Emeril Lagasse Foundation to support children's educational programs that inspire and mentor young people through the culinary arts and promote nutrition and healthy eating.

Like using a multi-cooker, which is a pressure cooker and/or a slow cooker? Want something more than watery stew or soups? Emeril combines his love of ethnic flavors with good technique in this very useful cookbook. I have not found a truly useful slow- or multi-cooker cookbook and this looks like "the one."OrganizationThe book is divided into slow cooker and multi cooker sections, so if you don't cook with pressure, at least half the book is useful. The recipe starts with a photograph of the finished dish, then ingredients followed by methodTypes of RecipesMostly, this book is soups, stews, sides and pasta, with some desserts (cheesecake, s'mores pudding, tapioca, dulce de leche rice, drunken cherries.) Even though a lot of the desserts are puddings, which shine in slow and multicookers, there are some doughnuts, fried pies and fritters for the fryer. There are also recipes for basic stocks such as chicken and beef, an interesting use for the cookers.Nutrition, Fat and CaloriesAside from some beans and sides and soups, pretty heavy stuff. Cheese. Butter. Beef. Pork. Not diet food. There are some lighter dishes, eggplant, etc but if you are a weight-watcher, I'd pass on this cookbook.Advice, Tips, TricksThere is a section on how to buy, featuring Emeril's multicooker and electric fryer, but there are similar ones on the market without his brand; naturally he's touting his own cookware line. There is a chapter for pressure alone. He also gives advice on

electric fryers. I don't own one and never will; it's said if you buy one, you can gain quite a bit of weight and I believe it. Just don't go there if you don't eat fried foods, and I do not. However, if you do fry foods in an electric fryer, there are recipes and advice for that in this cookbook. Recipes: What looks tempting? Escarole with garlic looked good--could adapt that to kale. There is a barley risotto with veg. Turkey meatballs--we get fabulous ground turkey here, so I'm looking forward to a good meatball recipe as those are so good for entertaining. I want to make the Cuban black beans, vegetables a la Greque, Gumbo and layered enchiladas look good for a party. Summary: This book has the hearty type of food you expect from Emeril, with advice on four kinds of electric cookers. Lots of versatile recipes, but heavy on calories. Family and party oriented, dieters will want to be careful.

Not what I expected. Only a handful of recipes that I would actually make, the rest are loaded with expensive ingredients. My bad for thinking it was an all around kinda cookbook.

Needed recipes for me electric pressure cooker! I'll admit there are some recipes I would never use, just because I'm not much of a fish eater! I do enjoy Emeril :)

I'm always on the lookout for delicious recipes for my slow cooker. I think anything I'd try in this book would be delicious and so easy to fix. The recipes are easy to follow and you know it is going to taste wonderful! I'm glad I added it to my cookbook shelf because I slow cook so much more than I used to but was having trouble finding unusual recipes. This book does it for me!

Pressure cooker recipes, by a great chef.

I just got this book and a new Power Cooker for Christmas! I LOVE it, easy to use and follow. Great recipes for any occasion. I highly recommend this cookbook if you have a Power Cooker.

He's done better.

Great cookbook. Has lots of great recipes. I got it for Emeril's pressure cooker since I had recently purchased it. However, it needs to have more everyday recipes in there instead of gourmet ones. I am having to guess on some of the cooking times for dishes that we would normally eat. But the pot roast recipe is spot on and so is the spaghetti sauce.

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